



QUAIL RUN NEWS

Volume XIX, Issue 7

Eugene, Oregon

July, 2023



Events Planning Committee

One of the "perks" of living in Quail Run is the many social, educational, and enjoyable fun times we have together as a neighborhood.

With that in mind, we want to say a big Quail Run thank you to two of our Quail Run neighbors:

Many thanks to Jeanne Wong for her enthusiastic direction of the Event Planning Committee. Under her guidance, we all have enjoyed many neighborhood activities in the past.

And, now, with Jeanne's retirement, another big thank you to Karen Olsen for agreeing to take on the role of the Event Planning Committee Chair. We know we will all be looking to Karen for leadership but, let's remember: The variety of events we have here on Covey Lane really requires volunteers to step up and work together as a team to make things happen. Let's all back Karen as she begins her position and get behind her all the way! Thank you, Jeanne and Karen!



Quail Run Losses

Joyce Wittish has passed away. She was an active member of our community and contributed a lot of time and food. She resided at 447 Covey Lane with her husband Don. Our condolences to the Wittish family.



Yoga

Tuesday mornings at 9:00 AM
Marche Chase Park

Also

Zoom Yoga

Thursday afternoons at 4:30 PM

For info: Linda Wergeland

werge10@icloud.com



Just a reminder:

The QR monthly Coffee is taking the summer off. We will start up again in September assuming we have volunteer hosts. Please let Danuta Hall (541-515-8214) know if you are interested in hosting and sign up for the month of your choice.

Submitted by Danuta Hall



It was so much fun last year that Court 12 has decided to host another court party!

Tuesday, August 8

So mark your calendars!

Details will appear in the August issue

Submitted by Bob Bills



"For to be free is not merely
to cast off one's chains, but to live in a way that
respects and enhances the freedom of others."
Nelson Mandela

"Freedom is the open window through which pours the
sunlight of the human spirit and human dignity."
Hebert Hoover

The truth is all veterans pay with their lives.
Some pay all at once;
others pay for it over a lifetime.
Anon.



Muharram is the first month of the Islamic calendar,
which Muslims observe to be one of the most holy
months of the year, second behind Ramadan. It is a
holiday of remembrance and mourning. Muharram for
the year 2023 starts on at sundown Wednesday, July
18 and ends at sundown on Thursday, August 17.



Tisha B'Av, the 9th day of the month of Av, is the
saddest day on the Jewish calendar, on which they
fast, deprive themselves and pray. It is the
culmination of the Three Weeks, a period of time
during which they mark the destruction of the
Holy Temple in Jerusalem. In 2023 Tisha B/Av is on
July 26-27.



Ashura is a very important day and is the tenth day of
Muharram (the first month of the Islamic calendar).
Better known as part of the Mourning of Muharram, it
marks the remembrance of Muharram. The meaning of
the word 'ashura' in Arabic is 'the 10th day'. This is
not a festive occasion but a respectful and mournful
remembrance of the grandson of the Islamic Prophet
Muhammed. It is a national holiday in many countries
around the world, most notably in Iraq, Iran,
Afghanistan, Bahrain, Lebanon, India, and Pakistan.

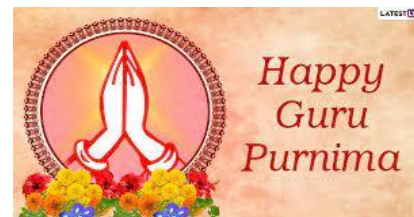


Based in Indianapolis, USA Track & Field (USATF) is
the national governing body for track and field, long
distance running, and race walking in the United
States.

The outdoor championships will be held July 6-9 in
Eugene, Oregon at Hayward Field (for the 11th time).
Lots of events: hurdles, high/triple/long jumps,
discus, steeplechase, javelin, pole vault, races (100M,
200M, 400M, 1500M, & 10,000M).


Top three finishers in each event will qualify for the
2024 World Athletic Championships in Budapest,
Hungary. For scheduling:

<https://www.usatf.org/events/2023/2023-toyota-usatf-outdoor-championships/schedule>



Guru Purnima is a religious Hindu festival dedicated to
offering respect to all the spiritual and academic
gurus. It is a day to honor the teachers, or "gurus" in
your life. It is celebrated as a festival in India, Nepal
and Bhutan by Hindus, Jains and Buddhists. For the
year 2023, Guru Purnima is on Monday, July 3rd.

July 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>You have to love a nation that celebrates its independence every July 4th, not with a parade of guns, tanks, and soldiers who file by the White House in a show of strength and muscle, but with family picnics where kids throw Frisbees, the potato salad gets iffy, and the flies die from happiness. You may think you have overeaten, but it is patriotism." – Erma Bombeck</p>						1
2	3 	4  NO YOGA HOLIDAY SO NO SANIPAC PICK UP	5 Trash & Yard Debris	6   Zoom Yoga 4:30 PM	7	8 
9 	10	11  Gentle Yoga 9:00AM <u>Club house</u> Bd Mtng, 7PM <u>Clubhouse</u> Trash & Recycle	12	13  Zoom Yoga 4:30 PM	14	15
16	17	18  Gentle Yoga 9:00AM <u>Clubhouse</u> Trash & Yard Debris	19  Muharram Al-Hijra begins Islamic New Year	20  Zoom Yoga 4:30 PM	21	22
23	24	25  Gentle Yoga 9:00AM <u>Clubhouse</u> Trash & Recycle	26  Tisha B'Av Begins 7/26-27	27  Ashura Begins 7/27-28  Zoom Yoga 4:30 PM	28	29
30	31					

*"Four score and seven years ago, our fathers brought forth on this continent a new nation, conceived in liberty, and dedicated to the proposition that all men are created equal."
- Abraham Lincoln*

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1--Julie McKenzie 10--Matt Svoboda
2--Rick Ewoniuk 11-- Greg McCutcheon
3--Morley Hegstrom 12--Susan Anderson
4--Wanda Kautz 13--Julie Bosustow
5--Linda Witt 14--Lisa Wilson
6--Lindsey Johnson 15--Danuta Hall
7--Shiela Pardee 16--Carmen Holt
8--Romaine Strub 17--Don Wittish
9--Shiela Pardee

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"Patriotism is supporting your country
all the time and your government
when it deserves it."

Mark Twain

